



HAM SELECTION

READY FOR ANY OCCASION

- Bone-in and boneless varieties for occasions large and small
- Fully cooked and slow smoked over real hardwood
- No added nitrates or nitrites
- No preservatives or artificial ingredients



PORK RAISED WITH
NO ANTIBIOTICS EVER ADDED HORMONES

PORK RAISED

IN THE USA

HUMANELY RAISED PORK†



HERITAGE DUROC PORK

†Raised without gestation or farrowing crates no antibiotics ever, no growth promotants or added hormones.



HAM SELECTION

UNCURED BONE-IN SPIRAL HAM

Nutrition Facts	
Varied servings per container	
Serving size 3 oz. (84g)	
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 7g	0%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 780g	34%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 13mg	2%
Iron 0mg	0%
Potassium 275mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Uncured Ham Prepared With: Water, Salt, Vinegar, Contains less than 2% of the following: Turbinado Sugar, Cultured Celery Powder.

UNCURED BONELESS HALF-HAM

Nutrition Facts	
Varied servings per container	
Serving size 2 oz. (56g)	
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 650g	28%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	6%
Potassium 237mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Uncured Ham Prepared With: Water, Salt, Vinegar, Contains less than 2% of the following: Turbinado Sugar, Cultured Celery Powder.

UNCURED BONELESS QUARTER HAM

Nutrition Facts	
Varied servings per container	
Serving size 2 oz. (56g)	
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 650g	28%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	6%
Potassium 237mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Uncured Ham Prepared With: Water, Salt, Vinegar, Contains less than 2% of the following: Turbinado Sugar, Cultured Celery Powder.

UNCURED BONELESS SLICED QUARTER HAM

Nutrition Facts	
Varied servings per container	
Serving size 2 oz. (56g)	
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 650g	28%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 11mg	0%
Iron 1mg	6%
Potassium 237mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Uncured Ham Prepared With: Water, Salt, Vinegar, Contains less than 2% of the following: Turbinado Sugar, Cultured Celery Powder.

UNCURED SEMI-BONELESS HALF-HAM

Nutrition Facts	
Varied servings per container	
Serving size 3 oz. (84g)	
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 780g	34%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 13mg	2%
Iron 0mg	0%
Potassium 275mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Uncured Ham Prepared With: Water, Salt, Vinegar, Contains less than 2% of the following: Turbinado Sugar, Cultured Celery Powder.

Item #	Retail UPC	Description	Pack Spec	Case Weight (lbs)			Shelf Life (Days) ³	Case GTIN	Case Style
				Net	Tare	Gross			
30712	N/A	Uncured Bone-in Spiral Ham	4/1 pc.	36.5	2.65	39.15	30	90072745 30712 9	A
30713	N/A	Uncured Boneless Half-Ham	4/1 pc.	21.8	1.5	32.3	30	90072745 30713 6	B
30714	N/A	Uncured Boneless Quarter Ham	8/1 pc.	22	1.5	23.5	30	90072745 30714 3	B
30715	N/A	Uncured Boneless Sliced Quarter Ham	8/1 pc.	10.8	1.45	12.25	30	90076445 30715 0	C
57938	N/A	Uncured Semi-Boneless Half-Ham	4/1 pc.	34	2.65	36.65	30	90076445 57938 1	A

³ Minimum shelf life to first receiver calculated based on proper handling and cold chain management. Keep refrigerated below 40° at all times.

Case Style	Case Dimensions (LxWxH)	Case Cube	Pallet Pattern
A	23 x 15.375 x 8	1.3	5 x 8 = 40
B	18 x 11.5 x 7.25	.87	8 x 8 = 64
C	15 x 10.5 x 3.75	.34	10 x 15 = 150

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